

SANDWICH COUNTY

*“Welcome to Sandwich County,
Where the fields are wide and away from the city.*

*Its residents are here, fur, whiskers, tails and all,
They make food, friends and stories, none too tall.*

*You’re always welcome to pay a visit,
Just grab a slice of bread and make a sandwich with it!”*

Sandwich County is a game about peaceful tales and making sandwiches. It can be played solo, with friends or strangers! You will explore an alternate universe in every spread and bite.

Every time you play Sandwich County is called a *visit*.

A visit lasts as long as it takes to make and eat your sandwich.

To visit Sandwich County, you will need:

- A few slices of bread,
- Ingredients for your sandwich; a spread, meats or greens,
- Utensils like a knife or spoon,
- And a place to make sandwiches.
- (Optional) Pen and paper to write your visit down.

You may visit Sandwich County whenever you make or eat a sandwich - or both!

Making A Sandwich

When you make a sandwich, visiting Sandwich County comes in 3 steps: Prepping, Creating, and Plating. Follow each step carefully to discover your visit. When you are satisfied, move on to the next step.

Step One: Prepping

In Prepping, you will lay the foundations of your visit. Why are you here? Where do you go?

How is Sandwich County today?

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1. Begin by laying out all your ingredients on your work surface.
2. Start with your **bread**:
 - a. If it is *plain and white*, you are paying a regular visit. What do you always visit Sandwich County for?
 - b. If it is *wholemeal, seeded or something else*, there is an occasion in Sandwich County. What is happening?
3. Then, **count your ingredients**:
 - a. If there is *only one or two*, you have an appointment to meet with a resident. Where are you both planning to meet? Is this the same place as before?
 - b. If there is *more*, you are here on a surprise visit! Why did you not announce yourself? Is it normal for you to drop by so suddenly?

Step Two: Creating

In Creating, you will realise residents and neighbours of Sandwich County on your visit. Who are they? What do they look like? Why are they here?

1. Begin by making your sandwich.
 - a. If there is a *spread*, you meet a resident from the woods and leaves. It may be a bear, a deer or someone else.
 - b. If there is a *vegetable*, you meet a resident from the sky and mountains. It may be a bird, a goat or someone else.
 - c. If there is a *meat*, you meet a resident from the rivers and creeks. It may be a frog, a snake or someone else.
 - d. If there is *cheese*, you meet a resident from the fields and burrows. It may be a field mouse, a rabbit or someone else.
2. You meet each resident in order of how you make your sandwich. Each time you meet a new resident, they will ask you for a favour. They might have a problem to be solved, a person they are looking for, or they simply want to spend time with you.
3. Each time you meet a new resident, decide whether a resident accompanying you leaves to go about their business. If they do, how did you fulfill their favour?

Step Three: Plating

In Plating, you are finishing up your visit and heading home. How does the journey back feel? If you do not plate your sandwich, you stay overnight at Sandwich County instead. Go straight to ***Eating A Sandwich***.

1. Check your **plate**.
 - a. If it is *old and nicked*, someone accompanies your home. You both talk on the way back. What do you discuss?

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- b. If it is *new and smooth*, your walk is long and contemplative. You witness the beauty and simpleness of Sandwich County. What do you see?
2. How do you *cut your sandwich*?
 - a. If it is *cut in diagonal*, something unexpected happens. You bump into a resident or see something extraordinary. Why does it surprise you?
 - b. If it is *cut in halves*, you drop by your favourite spot. You come here regularly when you leave. Why is it special to you?
 - c. If it is *uncut*, your walk is uneventful but calming. What is the most beautiful detail on your way back?

When all these steps are finished, your visit to Sandwich County is over. Give yourself a pat on the back for making a great sandwich!

Eating A Sandwich

When you eat a sandwich, you recall a fond memory from Sandwich County. Enjoy your sandwich slowly and savour the memory

1. If your sandwich is *sweet*, your memory is about fulfilling a favour. Who did you help on your last visit? What did you enjoy most when helping the resident?
2. If your sandwich is *salty*, your memory is about a party. What was everyone celebrating? What was something special you did at the party?
3. If your sandwich is *sour*, your memory is about being alone at Sandwich County. Why are all the residents busy? Where did you go to spend your time?
4. If your sandwich is *bitter*, your memory is about a conversation with a resident. What did you two talk about? Why was it so important?
5. If your sandwich is *spicy*, your memory is about sharing. What did a resident ask you about your world? What were they surprised by?

No sandwich is only one taste. If you taste many things at once, then pick just one memory.

THE END.